



Welcome to  
COSMEDOCTOR

We offer specialist treatments, administered by qualified professionals. The treatments are safe and controlled and we ensure that you are fully satisfied, offering regular clinics at select places around your local area. This means you know you are in the very best of hands.

Our brochure and website gives you all the information you need about our treatments, prices, our qualified doctors and where to find your nearest COSMEDOCTOR centre.

For more information on our treatments visit us at  
[www.cosmedoctor.com](http://www.cosmedoctor.com)



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Email: [info@cosmedoctor.com](mailto:info@cosmedoctor.com)  
[www.cosmedoctor.com](http://www.cosmedoctor.com)

FOR YOUR FREE NO OBLIGATION CONSULTATION  
**CALL 0845 833 9677**

### LASER HAIR REMOVAL

HOW DOES LASER HAIR REMOVAL WORK? The IPL (Intense Pulsed Light Therapy) hair removal procedure produces a high intensity flash of filtered light from the applicator head, which has been placed in contact with the skin. The energy from the light source is absorbed by the pigment melanin, which is the chromophore, which gives hair its colour. The hair rapidly absorbs this filtered light and transfers it to the surrounding cells that in turn are converted into heat raising them to a temperature of 70 degree Centigrade or more. The heating denatures the cells making them incapable of producing further hair growth.

Only hair in the growth phase can be treated. The number of hairs in this phase varies from 20% to 90% depending on the body site. The lengths of the growth cycles also vary from 6 to 24 weeks depending on the body site. For most people six treatments are sufficient to clear an area of hair.

SUITABLE FOR ANY SKIN COLOUR & HAIR TYPE WITH THE EXCEPTION OF BLOND / WHITE HAIRS

#### PRICING STRUCTURE

AREA & LENGTH OF TREATMENT	COST	COURSE 6
Consultation	Free	N/A
Patch test	£25	N/A
Upper Lip	£55	£275
Chin	£55	£275
Naval pubis	£55	£275
Nipples	£55	£275
Cheek bones	£65	£325
Jawline	£65	£325
Under arm	£65	£325
Hands & fingers	£65	£325
Feet & toes	£65	£325
Upper lip & chin	£65	£325
Neck	£79	£395
Shoulder blades	£79	£395
Shoulders	£99	£495
Standard bikini	£79	£395
Forearm	£79	£395
Jawline, upper lip & chin	£99	£495
Upper arms	£99	£495
Abdomen	£99	£495
Brazilian/extended bikini	£99	£495
Chest	£99	£495
Full face	£149	£745
Full arm	£149	£745
Under arm & standard bikini	£149	£745
Buttocks	£149	£745
Thighs	£149	£745
Lower legs	£149	£745
Full back incl. shoulder blades	£199	£995
Chest & abdomen	£199	£995
Full legs	£199	£995

### FACIAL THREAD VEIN REMOVAL

HOW IS THE TREATMENT CARRIED OUT? It is necessary to apply a thin layer of gel to the skin prior to treatment. This helps to cool the skin, as well as ensuring optimal transmission of light from the applicator to the skin. The applicator is placed in contact with the skin surface over the offending blood vessels. The light is pulsed through the quartz and onto the skin. The applicator is then moved to the neighbouring area and the process is repeated.

#### PRICING STRUCTURE

From Facial Thread Veins £49 Facial Rosacea £79

### AGE SPOT REMOVAL

WHAT IS PHOTO AGEING ? One of the reasons for age related changes is exposure to sun. Skin becomes wrinkled, it loses its tone and becomes flabby, pigment changes occur, pores on skin surface enlarge and small vessels start to become more prominent.

HOW MANY TREATMENTS WILL BE REQUIRED? At your consultation you will have a test patch to see how your skin responds to this treatment. This is a gentle and 'no-downtime' treatment so that you can return to your normal activities within a few hours. Although excellent results can be obtained after one session, the effects are cumulative and generally 4-6 sessions are required at 2-6 week intervals. Full effect is noticeable after 4-6 months.

PRICING STRUCTURE From £49

### MOLE/MILIA REMOVAL

We are happy to remove a number of unsightly cosmetic blemishes, including moles. Each case is unique and individual, and we are pleased to see and advise people about these lesions.



COSMETIC CONFIDENCE



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Our medical director:  
**Dr. James D McIntyre**  
MBBS BSc MRCS(Eng) MRCPsych

REFER A FRIEND, AND GET  
**20% OFF**  
YOUR FIRST TREATMENT  
PLUS YOUR FRIEND GETS  
**10% OFF THEIR FIRST TREATMENT**

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## VISTABEL (Formerly Botox)

**WHAT IS VISTABEL?** A natural purified protein that relaxes wrinkle-causing muscles, creating a smoothed, rejuvenated appearance. When it is injected into the muscle it temporarily blocks the chemical signals that make the muscles contract. Only minute quantities are injected and only the injected muscle will be affected.

**WHY IS IT CALLED VISTABEL INSTEAD OF BOTOX?** Vistabel is the brand name approved in the UK for treatment. Injectors may sometimes use the name BOTOX when they are discussing treatment with Vistabel because the two products contain exactly the same active ingredient and are supplied by the same company.

**HOW LONG DO TREATMENTS LAST?** The majority of clients will need treatments at 3-4 monthly intervals during their first year, thereafter the treatments may become less frequent although this varies from person to person.

### PRICING STRUCTURE:

Glabella	£165	Crows Feet	£220
Glabella & Crows Feet	£280	Whole Forehead	£325
Eyebrow lift	£165	Platysmal Band	
Under Eyes	£60	(necklace lines)	£325

## DERMAL FILLERS

**WHAT ARE DERMAL FILLERS?** With age skin naturally starts to lose its elasticity as the collagen in the body starts to diminish. Injecting dermal fillers replaces the volume lost with age by plumping it up and making it firmer. This smoothes out fine lines and wrinkles, as well as rehydrating the skin from within. There are many types of fillers available on the market but we use Teosyal.

**WHAT IS TEOSYAL?** The Teosyal range consists of hyaluronic acid based products of non-animal origin, which are highly biocompatible, offering patients immediate and long-lasting results with no preliminary testing.

**WHAT IS BENEFIT OF HYALURONIC ACID?** Hyaluronic acid is found naturally in the skin and is used to retain preserve moisture levels. With age it naturally diminishes and as a result the skin dries out and becomes wrinkled. Teosyal replaces the hyluronic acid that has been lost and as it plumps the skin it also re-hydrates.



**IS IT SAFE?** Thanks to the manufacturing process, which benefits from the latest technological advances, the hyaluronic acid contained in Teosyal® gels is extremely pure. This guarantees exceptional tolerance and perfect integration into skin tissues.

### PRICING STRUCTURE:

Lip Plump	£299	Naso Labial Lines	£250
Deep Naso Labial Lines	£375	Half Lip plump	£200
Marionette Lines	£250	Under Eye Fillers	£325
Cheek Plump	£550	Additional syringes	
Meso *	£350	used (0.5ml)	£150

## SCULPTRA

Sculptra is an injectable treatment that works by stimulating collagen to smooth deep lines and wrinkles. Sculptras volumising effect also restores lost facial volume resulting in a fuller, younger looking face. The overall effect is a youthful appearance with gradual, natural looking results. Clinical results have shown that the effects can last for more than 3 years. Suitable areas for treatment include: sunken cheeks, wrinkling in the chin or cheeks, deep scars and deep facial skin folds

**PRICING STRUCTURE** From £2400



## CHEMICAL PEELING

**WHY HAVE A CHEMICAL PEEL?** Chemical peels are used on skins which are sun damaged, wrinkled, blemished, acne scarred or blotchy. They can revert the skin to its original youthful state creating a more evenly toned and textured appearance. Skin will look tighter and more youthful than before but it is important to note that chemical peels cannot remove all facial flaws. Deeper lines, wrinkles and other flaws may require a course of peels or indeed subsequent treatments.

### PRICING STRUCTURE

Deep Peel	£850
Mid strength peel (course of 3 recommended)	£230
Mid Strength Plus Peel (1 treatment)	£450
Mild strength Peel (course of 6 treatments)	£285

ALL PEELS REQUIRE A 3 WEEK PREPARATION PERIOD

## SCLEROTHERAPY (Leg thread vein removal)

Leg thread veins differ from facial thread veins in both character and cause and therefore must be treated by different methods. Whilst the cause of Leg thread veins is not entirely known they are commonly run in families and are found more frequently in women than men. There is no proven method of preventing their appearance although wearing support stockings, maintaining a normal weight and regular exercise may help to prevent dilated vessels from developing. In addition it is thought that high heeled shoes and standing for prolonged periods may also add to the condition.

**HOW DOES SCLEROTHERAPY WORK?** A very fine needle is used to inject a solution into the vein, which irritates the lining of the vessel causing it to swell and stick together. Over a course of treatments some veins will fade from view eventually becoming barely or not at all visible. A treatment session takes approximately 30-40 minutes. The number of treatment sessions depends on how many areas need to be treated but we generally recommend on average 4 treatments. The solutions used vary somewhat with the size of the vessel to be injected, and your doctor will be able to decide which veins are best treated with which solutions. Larger varicose veins often underlie spider veins. In such cases it is thought that it is best to treat these vessels first.

**PRICING STRUCTURE** From £150

## TEETH WHITENING

In just one hour you can have beautiful, whiter teeth. Every child starts off with white teeth but coloured foods and drinks such as coffee and red wine can discolour the surface of your teeth just like white clothes that have picked up dyes and can never regain their original brightness, stained teeth are very difficult to whiten with conventional methods. Beyond's advanced technology cleans both the surface and the internal structure of the teeth.

Tests prove that after whitening with Beyond, the teeth score 5-14 points higher on the Vita scale. The result is 30% better than for home whitening kits and is much better than results obtained with comparable products.

With Beyond, the whole whitening process takes only one hour. Over a million people have used this method. Using low temperature, cold-light avoids irritation of the nerves of the teeth. Beyond is a one-time treatment, whitening the teeth for up to two years. Beyond is recognised as the safest and most effective way of whitening the teeth currently available.

### PRICING STRUCTURE

1hr Full Treatment	£249
30min 6month Top Up	£125

